



## Dr. Sandor lectures in Japan

**Andras Sandor, MD**, Chief of Surgery, LMH, will deliver a lecture at an international symposium sponsored by the Japan Surgical Society in Yokohama, Japan on Friday, Nov. 19. Dr. Sandor will discuss, "Is Bariatric Surgery Safe; The Management and Prevention of Complications Following Bariatric Procedures."

## Treating world-class judo athletes

**Christian Andersen, MD**, Chief of Orthopedic Surgery at LMH, and **Abraham Shurland, MD**, have been providing orthopedic care to the world-class athletes who have trained under former world judo champion and Olympic bronze medalist, **Jimmy Pedro**.

Drs. Andersen and Shurland have treated a wide range of bone and joint conditions for these young athletes to keep them in peak condition for the demands of their sport. Pedro has trained some of the top judo athletes in the country with four qualifying for the 2008 US Olympic team. Currently, he is the coach for the 2012 Olympic Judo team and his studio, Pedro's Judo Center, is located in Wakefield.

## Diabetes video added to Hallmark Health website

A new informative health video on diabetes management and treatment has been added to the Hallmark Health website. The program features **Tara Hamilton, MD**, and **Sunita Schurgin, MD** discussing the disease, services and treatments offered at the Diabetes and Endocrinology Center at LMH.

Also in the interactive media section of the website is a cable TV interview with **Sybil Kramer, MD**, who addresses diabetes care and treatment

## Hallmark Health named to Boston Globe's Top 100 Places to Work

*The Boston Globe*

TOP  
PLACES  
TO WORK

2010

Hallmark Health has once again been named one of the "Top Places to Work" in Massachusetts by *The Boston Globe*. This list recognizes the most progressive companies in the state based on employee opinions about company leadership, compensation and training, diversity/inclusion, career development, family-friendly, flexibility, values and ethics. Hallmark Health finished ahead of several Boston institutions such as Mass. General Hospital, Newton-Wellesley Hospital, Blue Cross Blue Shield and Partners.

"These companies deserve recognition for creating a positive workplace for their employees. Their accomplishment adds to the vitality of this state's business environment," explains **Chris Mayer**, Publisher of *The Boston Globe*.

## Strategic assessment process advances

The strategic assessment process that will transform Hallmark Health into a national model for 21st century healthcare is moving forward. Working with a national consulting firm, the Board of Trustees' Strategic Planning & Facilities Resource Committee's first meeting examined three key competencies for future success in the emerging health reform environment: physician integration, strengthening local awareness and importance of Hallmark Health System as well as our facilities, services and mission to the communities we serve.

More work lies ahead and in the coming months the Committee will be assessing current and future community healthcare needs, determining where these services should be located, anticipated changes in state and federal reimbursements under healthcare reform and weighing the benefit of potential affiliations with other healthcare providers.

The strategic assessment process is a key priority for Hallmark Health, one that is essential to preserving and advancing clinical excellence in the years ahead in our challenging and competitive healthcare environment.

Physicians serving on this Trustee Planning Committee include: **William Doherty, MD**, **Edward Butler, MD**, **K. Eric Henrikson, MD**, **Eleanor Moresco, MD** and **David Pladziewicz, MD**.

## LMH Cardiac Rehabilitation Program receives national certification

The Cardiac Rehabilitation program at Lawrence Memorial Hospital (LMH) has met the strict standards for certification by the American Association of Cardiovascular and Pulmonary Rehabilitation. The program provides cardiac rehabilitation to individuals who have experienced stable angina, a heart attack, cardiac surgery, balloon angioplasty, stent placement or heart transplant.

**Mary Margaret Winter, RN, BA**, who directs the LMH program, states that "a certified cardiac rehabilitation program can significantly improve the life expectancy and quality of life of people who have suffered a recent cardiac event by helping patients live better through risk factor modification including diet, exercise and stress management."

Hallmark Health's programs are the only certified cardiac rehabilitation programs located north of Boston. The programs at LMH and MWH have both received this stringent certification. At present, there are only 14 programs in the state that hold this highly regarded designation.

For more information about our programs, or to schedule an appointment for your patients, please call (781) 306-3171 at LMH, or (781) 979-3171 at MWH.

## WELCOME NEW PHYSICIANS



**Olga Novik, MD, MPH** is the new Medical Director at the Partial Hospitalization Program at Lawrence Memorial Hospital. She will also be an attending physician for inpatients on the

Geriatric Medical-Psychiatry unit at LMH. She has training in neurology/rehabilitation medicine at the Medical University of Minsk in Belarus, holds a masters degree in Public Health from Emory University and has studied traditional Chinese medicine in China.

Most recently, Dr. Novik completed her internship and residency in psychiatry at Tufts Medical Center. She will also be joining the faculty of the Tufts University School of Medicine and will supervise Tufts psychiatry residents at Lawrence Memorial Hospital.

## Boston Bruins players visit MWH

Two Boston Bruins, **Andrew Ference**, defenseman and **Brad Marchand**, forward, recently visited Melrose-Wakefield Hospital, along with "Blades," the official mascot bear of the Bruins. The trio visited patients on several floors of the hospital and also met and signed autographs for staff and visitors. They are photographed with **William Doherty, MD, (I.)**, Chief Medical Officer, Andrew Ference, Blades, Brad Marchand and **Michael V. Sack**, President and Chief Executive Officer, Hallmark Health.



## INFORMATION TECHNOLOGY UPDATE

Hallmark Health's Information Services (IS) is committed to maintaining a secure and legally compliant program for managing information. This requires a technical infrastructure that assures the integrity and reliability of our data that is continuously updated as new standards and regulations are released, according to **Carol Dresser**, Vice President, Information Services.

Recent updates have included an assessment of our policies, procedures and technology around the use of mobile devices. We have also hired a security specialist who will assist in making sure that we are proactive in managing security issues and able to respond quickly to any problems that arise.

IS has recently deployed the encryption of the hard drives on our mobile notebooks to assure that if the device is lost confidential data cannot be accessed. We will soon roll out a software program to encrypt confidential email to protect information when sending communications outside of our network.

IS is also conducting a full security risk assessment as specified by HIPAA regulations. This is required if we are to meet meaningful use criteria set by ARRA. We will keep the medical staff informed of activity that impacts your use of technology and provide training and education as needed.

## EDITORIAL STAFF

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PHYSICIAN SERVICES  
PHYSICIAN LIAISONS  
THOMAS ANDERSON  
(781) 338-7507 OR TANDERSON@HALLMARKHEALTH.ORG

MEREDITH BAKER  
(781) 338-7508 OR MBAKER@HALLMARKHEALTH.ORG

IF YOU HAVE STORY IDEAS, PLEASE CALL  
GERRY RYAN AT (781) 979 3239 OR BY EMAIL AT  
GRYAN@HALLMARKHEALTH.ORG



585 LEBANON STREET  
MELROSE, MA 02176