

# OUTPATIENT NUTRITION SERVICES



Our four Registered/Licensed Dietitians at Hallmark Health offer individualized counseling to patients. Erika Damon, MS, RD, Barbara Wilson, RD, CDE, Sara Henry, RD and Liz Dias, RD are available during the daytime and early evening for appointments.

## Who may obtain outpatient nutrition services?

Any individual who has concerns or questions regarding proper eating habits may benefit from nutrition counseling, including pediatrics/adolescents through adults. Comprehensive nutrition counseling is also available to patients with medical conditions such as:

- Diabetes
- Cancer
- Eating Disorders
- Gastrointestinal Disorders
- Cardiovascular Disease
- High Blood Pressure
- Kidney Disease
- High Cholesterol
- Obesity

A physician referral is needed for each outpatient nutrition counseling session.

Referrals may be sent to each site at the following addresses:

#### **Lawrence Memorial Medical Associates**

Nutrition Clinic, Suite 116 101 Main Street Medford, MA 02155 Phone: 781-391-2121

Fax: 781-391-3911

#### **Melrose-Wakefield Hospital**

Nutrition Clinic 585 Lebanon Street Melrose, MA 02176 Phone: 781-979-3185

Fax: 781-979-3189

#### **Hallmark Health Cancer Center**

Nutrition Clinic 41 Montvale Avenue Stoneham, MA 02180 Phone: 781-224-5810 Fax: 781-224-5813

### **Lawrence Memorial Hospital**

Diabetes & Endocrinology Clinic 170 Governor's Avenue Medford, MA 02155 Phone: 781-306-6370 Fax: 781-306-6375

Please contact Central Scheduling to schedule an appointment, 781-338-7111.

Please contact Kim Talbot with questions at 781-979-3615.



