

Hallmark Health Cosmetic & Laser is pleased to offer the latest in effective and permanent laser hair reduction. Safety, quality and effective laser hair removal is our primary goal for you, we offer our clients only the best. Our laser certified registered nurses use the latest technology, the GentleLASE 755 nm alexandrite laser, the premier hair removal laser, treating quickly, comfortably and effectively. We also use the GentleYAG, 1064 nm, which effectively treats all skin types, including tanned skin, offering unmatched treatment capabilities in permanent hair reduction.

Hallmark Health Cosmetic & Laser Center is pleased to offer our clients the Candela lasers which feature the only patented Dynamic Cooling Device (DCD™) to maximize your safety and comfort.

Your Hallmark Health Cosmetic & Laser Center experience:

Imagine never having to shave, or wax these areas again!	
Ladies	Men
Bikini Line	Back
Underarms	Chest
Legs	Abdomen
Lip and Chin	Anterior Neck
Entire Face	Posterior Neck
Arms	Beard

Why choose HHS cosmetic and laser center? Because we have chosen the best laser for your skin type* and our priorities are excellent customer service, your safety, quality and effective results.

Our staff will offer you an exceptional experience at our discrete medical facility with ample, onsite, free parking. Each treatment is simple and generally takes less than 30 minutes, performed by our laser certified registered nurses with extensive experience in laser hair removal. Multiple treatments, six or more, are needed for best hair reduction results. The laser is passed over the skin in the entire area to be treated and emits an invisible beam of light that is attracted to the hair follicle or root which disables the follicles in the active growth stage.

Frequently Asked Questions

Am I a candidate for laser hair removal?

- Lasers target dark pigment. Laser hair removal is most effective on pale skin and dark coarse hair. The lighter the skin and the more coarse the hair, the better results you will achieve.

Which type of laser will be most effective for me?

- At Hallmark Health Cosmetic & Laser Center we offer the Alexandrite for Skin Types I through III and the Nd; YAG for Skin Types IV and higher. Nd YAG should always be used on skin types V and VI.

How is my skin type determined?

- At Hallmark Health Cosmetic & Laser Center we combine the Fitzpatrick Skin Chart with the clinical experience and judgement of our medical professionals to determine the best laser for your safe effective treatment.

This Fitzpatrick Skin Chart tool is approximate.

Type I: Highly sensitive to the sun, always burns, never tans. Example: Red hair with freckles or Albino.

Type II: Very sun sensitive, burns easily, tans minimally. Example: Fair-skinned, fair haired Caucasians.

Type III: Sun sensitive skin, sometimes burns, slowly tans to light brown. Example: Darker Caucasians, European mix.

Type IV: Minimally sun sensitive, burns minimally, always tans to moderate brown. Example: Mediterranean, European, Asian, Hispanic, American Indian.

Type V: Sun-insensitive skin, rarely burns, tans well. Example: Hispanics, Afro-American, Middle Eastern.

Type VI: Sun-insensitive, never burns, deeply pigmented. Example: Afro-American, African, Middle Eastern.

Alexandrite lasers are best for skin types I-III.

Nd:YAG lasers are best for skin types IV and darker.

Hallmark Health Cosmetic & Laser Center offers both to meet your skin type.

What should I expect before and after a laser treatment?

- You should not wax, epilate, or remove hair from the root using any other hair removal method other than shaving for at least four weeks prior to your first session and throughout the course of treatments. The root needs to be present in order to be targeted, the laser targets the pigment (melanin) in the hair.
- The area to be treated should be shaved one to two days prior to treatments so that the energy is targeted towards the hair follicle. Treating unshaved skin can result in burning of the skin by singed hairs.
- Treatments are relatively quick. Underarms take about 15 minutes. Full legs can take up to one hour and 30 minutes. After the treatment, applying ice packs and cooled aloe vera gel help soothe the skin. Always apply sunscreen after treatments.
- All hair should shed within three weeks* following the treatment. Sometimes, shedding doesn't start until about 10 days after the treatment. During the shedding phase, hair may look like it's growing, but it is actually coming out to shed. Exfoliating and/or scrubbing gently in the shower with a loofa can help speed up the shedding process.
- Shedding of all treated hair should be expected within three weeks of each treatment. If hair doesn't shed and is growing as usual after three weeks you should contact the Center.
- After three weeks, you may see small black dots remain in the hair follicles on some areas, which eventually shed on their own. Exfoliating may help speed up the process.
- Treatments should continue until remaining hairs are too fine for laser to target, or until you have reached your desired reduction.
- Avoid any irritating medications or chemicals, particularly on the face. Examples of these are Retin-A, Benzoyl peroxide, glycolic acid or astringents.

How many laser treatments will I need and how far apart are they scheduled?

- Most clients need at least six treatments spaced six to twelve weeks apart. Because hair grows in cycles, several sessions are necessary in order to affect all hair on any given area. Hair cycle length varies depending on body part. Face usually requires more frequent treatments at shorter intervals, and back and legs typically require less frequent treatments.

Can I be In the sun before and during treatment?

- No, the sun and sunless tanning beds and creams must not be used four to six weeks prior to the treatment. Sunscreen must be applied after treatment.

Call (781) 213-5130 to schedule your FREE consultation today or complete the [contact form](#) and we will contact you back by the method of your choice.