

Uterine fibroid embolization (UFE)

This nonsurgical alternative for the treatment of abnormal bleeding caused by fibroids is performed in the radiology department by a specially-trained physician. UFE is a viable alternative to hysterectomy. Patients are usually hospitalized for one night and often are able to return to work within a week. Your gynecologist will assist you in the referral process.

Traditional hysterectomy

A hysterectomy may be performed using a vaginal or abdominal approach. A radical hysterectomy is usually performed following a cancer diagnosis. It includes the removal of the cervix, uterus, a portion of the vagina and surrounding lymph nodes.



Malden

David Richman, MD
Shiloe Souza Burzinski, MD

Medford

Bernadette Chan, MD
L'Tricia Chery, MD
Bernard Logan, MD
Matthias Muenzer, MD

Melrose

Elizabeth Bettencourt, MD
Lynn H. Galen, MD
Mohamed A. Hamid, MD
Martha Krikeles, MD
Josee LaPlante, MD
Svetislav Lazich, MD
Donald Monteiro, MD
Brian O'Connor, MD
Daniel Witkowski, MD
Jennifer Wu, MD

Reading

Roy Epstein, MD

Revere

Steven Dakoyannis, MD

Peabody

Nicholas Pantelakis, MD

For information on the physicians listed above, visit www.hallmarkhealth.org and select "Physician Search" or call (800) 540-9191.

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Advanced Gynecological Care



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Years ago advanced gynecological care could only be found at teaching hospitals in Boston. Today, that high level of care and expertise is also available at Lawrence Memorial Hospital of Medford and Melrose-Wakefield Hospital. Hallmark Health physicians are board certified and have the experience, skill and compassion required to provide the very best in personalized gynecological care for women of all ages. They work closely with their patients, discussing options and answering all of their questions. Treatment options may include minimally invasive procedures which can be scheduled on an outpatient basis allowing same day discharge.

Urinary Incontinence

Approximately 13 million Americans experience sudden urine loss and the embarrassment it can cause. The two most common forms are:

- Stress incontinence characterized by leakage during physical activities such as jumping, laughing or sneezing.
- Urge incontinence characterized by a strong need to use the restroom and inability to make it in time.

At Hallmark Health, patients have a wide range of sophisticated medical and surgical options for the treatment of urinary incontinence.

Tubal ligation

This minimally-invasive procedure uses a vaginal approach and is an alternative to the traditional abdominal tubal ligation surgery. In a procedure that typically lasts 20 minutes, soft, flexible micro-inserts are placed in the fallopian tubes creating a barrier against pregnancies.

Minimally-invasive hysterectomy

Laparoscopic hysterectomy is minimally-invasive surgery to remove the uterus. When compared to traditional hysterectomy options, this procedure has been shown to shorten recovery time, reduce pain and minimize scarring. The physician uses instruments that are inserted into the abdomen through three small incisions in or near the navel.

Uterine endometrial ablation

Uterine endometrial ablation is a minimally-invasive surgery used to treat abnormal or heavy bleeding caused by benign conditions of the uterus. Some types of endometrial ablation procedures can be done in the doctor's office, while others must be performed in an operating room. Factors such as the size and condition of the uterus determine which method is most appropriate.

