



Hallmark Health offers lymphedema & physical therapy services

Hallmark Health is now offering lymphedema and physical therapy services at Hallmark Health Cancer Center, 41 Montvale Ave., Stoneham. The program will focus primarily on cancer related lymphedema, dealing with symptoms such as poor circulation, shoulder pain and fatigue. The program can also benefit non-cancer patients with circulation problems.

The treatments will be performed by a certified lymphedema therapist who has years of experience in treating these conditions. In addition to specialized treatments, the program will offer physical therapy, wrapping and garment fitting.

To schedule an appointment, please call (781) 395-7750.

Dr. Midha participates in international care effort

Last month, **Salil Midha, MD**, chief of the Division of Cardiology at Melrose-Wakefield Hospital, was part of a medical team that traveled to Delhi and Meerut India to provide free care to patients in need. He saw numerous individuals with cardiac ailments and implanted 24 pacemakers in patients who might not have otherwise survived.

Dr. Midha made the trip as part of Project Pacer International, a non-profit world organization that brings cardiac therapy and other medical advances to less developed countries. This was the 21st year he has participated in this program for the poor and Dr. Midha has implanted more than 300 pacemakers.

Harvard Pilgrim honors Hallmark Health pediatric care

Hallmark Health has been named to Harvard Pilgrim Health Care's 9th annual Physician Group Honor Roll for Pediatric Care. The honor roll highlights physician groups that have achieved exceptional results in their approach to disease prevention and the treatment of chronic illness.

Hallmark Health achieved the distinction of achieving a perfect score by meeting all five pediatric measures.

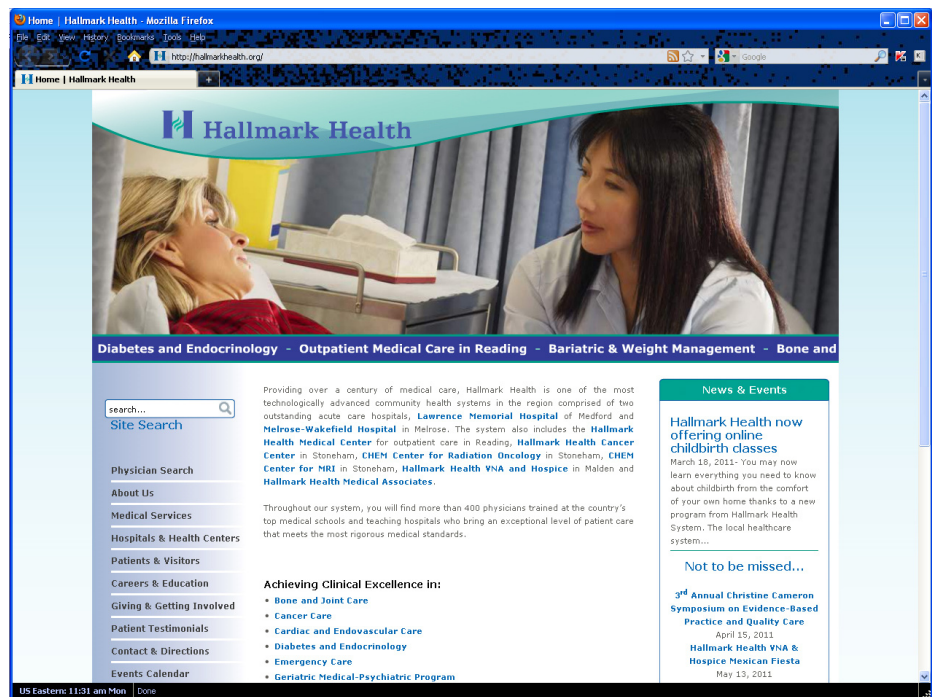
Hallmark Health launches redesigned website

Hallmark Health has an exciting new website that features an enhanced visual design that is contemporary and reflects Hallmark Health's key brand principles of quality and technical sophistication. The site welcomes the viewer to a superior web experience with on-screen navigation panels that make it easy to find what you are looking for.

There are several new features including *CaringBridge*, a free website that connects patients who may be experiencing a significant health challenge to family and friends and a best in class, health information library that includes access to self-assessment tools, medical condition fact sheets and much more.

There is also an extensive interactive media section that features podcasts, videos and soon to come, a 360-degree virtual tour of our facilities including Melrose-Wakefield Hospital, Lawrence Memorial Hospital, the Hallmark Health Cancer Center and the Hallmark Health Medical Center.

Please visit www.hallmarkhealth.org and share your comments with **Richard Pozniak**, system director, Marketing & Communications or **Tina Karas**, senior manager, Marketing & Communications.



Hallmark Health VNA and Hospice gains Joint Commission Gold Seal



Hallmark Health Visiting Nurse Association and Hospice (HHVNA and Hospice) has earned The Joint Commission's Gold Seal of Approval™ for accreditation by demonstrating compliance with the commission's high standards for healthcare quality and safety in home care and hospice. The accreditation award recognizes HHVNA and Hospice's dedication to continuous compliance with The Joint Commission's state-of-the-art standards.

"With Joint Commission accreditation, we are making a significant investment in quality on a day-to-day basis," says **Diane Farragher-Smith, MSN, MBA, RN**, president of HHVNA and Hospice and system vice president of Home Care and Community Services for Hallmark Health. "Achieving Joint Commission accreditation for our agency is a major step toward maintaining excellence and continually improving the care we provide."

WELCOME NEW PHYSICIANS



Lily Narusevicius, MD, has joined Hallmark Health Medical Associates, Inc., (HHMA) at the Hallmark Health Medical Center, 30 New Crossing Road, Suite 200 in Reading.

Prior to joining HHMA, Dr. Narusevicius was part of the The Medical Group in Beverly and The Piedmont Medical Care Foundation in Atlanta, GA. She also served as an assistant professor of medicine

at Emory University. Dr. Narusevicius is board-certified in Internal Medicine and speaks Spanish and Lithuanian.

She earned her medical degree from the Medical College of Pennsylvania before going on to complete residencies in internal medicine at the Graduate Hospital in Philadelphia, PA and St. Vincent's Medical Center in Bridgeport, CT. Her phone number is (781) 213-5170.

Richard Aubry, MD has joined Hallmark Health Medical Associates, Inc., 425 Revere St., in Revere. He is board-certified in family medicine and has practiced in the Boston area for nearly 20 years. Dr. Aubry spent the last nine years as a staff physician for the Greater Roslindale Medical and Dental Center.

He earned his medical degree from State University of New York Health Sciences Center at Syracuse Medical School. He completed his residency at St. Joseph's Hospital Health Center in Syracuse, NY. Dr. Aubry can be reached at (781) 286-1313.



Bone & Joint Program achieves Blue Distinction® Center status

Hallmark Health's Bone & Joint Program at Melrose-Wakefield Hospital has been designated a Blue Distinction Center for Knee and Hip Replacement® by Blue Cross Blue Shield of Massachusetts. This honor signifies that this program provides comprehensive inpatient knee and hip replacement services including total knee replacement and total hip replacement surgeries. Blue Distinction Centers also demonstrate an expertise in high quality care that results in better overall outcomes for patients by meeting objective clinical measures developed by expert physicians and medical organizations.

In addition to this Blue Distinction Center honor, members of our community who went through the Bone & Joint Program recently reported a 99 percent patient satisfaction. This rating places our program in the top 1 percent nationally in patient satisfaction ratings.

Note: Designation as Blue Distinction Centers means these facilities' overall experience and aggregate data met objective criteria established in collaboration with expert clinicians' and leading professional organizations' recommendations. Individual outcomes may vary. To find out which services are covered under your policy at any facilities, please call your local Blue Cross and/or Blue Shield Plan; and call your provider before making an appointment, to verify the most current information on its Network participation and Blue Distinction status. Neither Blue Cross and Blue Shield Association nor any of its Licensees are responsible for any damages, losses or non-covered charges that may result from using this resource or receiving care from a Blue Distinction provider.

Hallmark Health achieves DPH time target award

Hallmark Health has received word from the Massachusetts Department of Public Health (DPH) that both Melrose-Wakefield Hospital and Lawrence Memorial Hospital achieved an award for timeliness for treating victims of stroke. The award recognizes Hallmark Health for getting patients to a CAT scan within 25 minutes of arrival.

The study covered Oct. 1, 2009 to Sept. 30, 2010. MWH's average door-to-CAT scan time for 213 patients in this time period was 11 minutes. LMH's average time for 69 patients was 17 minutes.

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